

# YAI YAI Style – February 2010 THE SPIRIT OF LOVE

On this special day of Valentine's, we all tend to be a little more caring, loving and attentive. This becomes a memorable experience that makes us feel special. How do we capture the feeling Valentine's Day and make it last throughout the year?

From a childhood moment of candies, Pink and Red Hearts to an adult ritual of roses, dinner dates and fancy attire; we all enjoy the overall meaning of Valentine's Day, The Spirit of Love. Here a few tips to enjoy your Valentine's and to keep the spark ignited.

Guys - Know your loved one and their special desires. Take the time to plan a personalized date that will surely wow them.

Gift - create a special homemade gift that expresses who they are. Show them that you know their inner most secrets.

Date – plan a special anniversary that consists of multiple events that continue for hours or even an entire weekend. Start with relaxation prior to date, like bubble bath and or spa service. If in the budget, enjoy a "spa"cation together. With the

economy situation, many businesses are running specials. If not in the budget, perform the spa services on her yourself. This may be more fun anyway.

Gift – purchase her date ensemble with exactly what you want for her to wear, no restrictions. We all like to step outside of the box from time to time, with in reason!

Dinner – choose a "different" joint that has an ambiance. Please, DO NOT take her to your weekly hangout. Ask for specific menu items, music and don't forget desert. If the chosen restaurant does not have a desert of your choice, bring your own. Have a pastry chef prepare a special desert for two and enjoy it as you feed each other over candle light. Remember the great combo of red wine and chocolate, as they both fit the occasion. How do you think she would feel, if... instead of the same old heart filled with waxy chocolates, you presented her with a gourmet cake for two...amazing!!!

Ladies...Valentine's Day is about the Spirit of Love, not just yourself! Your man deserves to be treated like a king. Follow the same gift giving ideas and slip him a copy of this column in his lunch box. Better yet, give him a Valentine wish list and ask him to do the same.

Treat him to a "guy" outing, golf, fitness/spa day, guided fishing, hunting or what ever fits his personality. Dress him and make him look hot!

Sometimes we have to communicate in order to please each other. Of course we are attracted to each other, or we wouldn't be Valentines, however, there is always a way to gently impart what is attractive to you.

Ladies and Gentlemen, Love is very simple. Compatibility is the key, sensitivity is the plea and hopeless and helplessly in love is how you see! Love each other as Christ loved us and you shall live a blessed life!

Enjoy your spirit of love,

Your Friend,



*Yai Yai*