

Senior Style

February 2010

Dating Style

Well, you have a hot date with your husband, wife or friend. You may be asking, "How do I WOW them and feel comfortable, be beautiful and myself?"

Simple! First of all you should relax and understand that being you is beautiful! In the Salon Industry we experience many social circles being wrapped up in who is wearing what and whose hair is the best and blah blah blah! Life isn't about other people, it is about YOU and what makes you feel good! We all need a little jazzy make over from time to time, so relax and enjoy these few tips for your jazzy new look!

*Always look inward instead of outward and enjoy yourself, beauty comes from within so that is where we have to start! Soul search, read, meditate and reach to your inner most being. We all need that time to ourselves to sort things out and get to know ourselves.

*Hair – your hair style is very important and can make or break your mood. Analyze your facial structure and see if your hair shape compliments your bone structure – feel your hair lengths and see if your hair was designed with the round of your head, if it has enough texture, if

it is blobs of thick hair or if the lengths are even. Your design must compliment your bone structure and the color must compliment your skin tone. Remember mature skin usually looks better a little lighter, however, too light will wash you out. Keep some richness to compliment your skin tone and eyes. Choose a different style for this date to give you a new look. If you always wear your hair back, go forward, change the part, and blow dry upside down. If you go up with the hair, remember to compliment with hair accessories and bling!

*Skin care – with the dryer winter weather, you may be feeling tight, dry skin. Search for shea butter which is in many anti-aging skin care lines. Stick to the organic products as the all natural is better for you skin and feels great! Give yourself a facial the night before your date so that you skin will be polished and will glow.

*Attire – Wear a color that makes your skin glow; for a romantic look, choose softer fabrics that flow or a soft sweater that looks cuddly, Dresses are nice if the weather permits. Know if you will be dancing so that you can wear proper shoes.

*Make Up – Of course Mineral Make Up is the best for coverage. Change your colors for this date, this will give you a fresh new look. Remember to compliment the colors in the garment. Choose 2 areas of the

face to pop, like eyes and lips with minimal blush or cheeks and eyes with pale lips.

*Gift – always bring the Hostess of a party a gift, if you are going on a private date, a gift would also be nice for your date - choose a unique gift that you know your date will enjoy, make it personal and special!

Enjoy your special date and your jazzy make over. Life is what we make of it, so relax and enjoy!

Your Friend,



Yai Yai